



Agité

Term 2, No. 7

May 2019



St Josephs
College

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This fortnight in Agité

Principal

Deputy Principal (Years 10–12)

Deputy Principal (Years 7–9)

Prayer

Religious Education

Director of Operations and Innovation

Director of Students

Year 7

Year 8

Year 10

VCE

Year 11

Music

English

Community



Principal

Educator and Friend of the Young

Father Bill Edwards was the foundation Headmaster of St Joseph's College. From everything I have read about him, he was an inspiring person who led our College in its humble beginnings. The education of the young was a centrepiece of Father Bill's vocation as a Salesian. He also recognised the important place of parents as the first and primary educators of the young.



"Like Don Bosco's first oratory, this school began with a playground, an oval, six classrooms, a toilet block and pavilion put up by local builder, Bill Martin. It was opened in February 1965 with about 90 enthusiastic pupils and two teachers, a Salesian (Fr Bill Edwards) and a lay teacher, Bernard McGrath. Forms One and Two had been planned but in some mysterious and unexpected way 15 of the students were meant to be in Form Three! So there were three rooms operating and two teachers! ...Science room, library, staff room or secretary didn't exist. All seemed to go happily until it rained and then we realised that we were surrounded by mud, and what mud. Nothing sticks like Gully mud."

Fr Bill's Principal's Report, 1965



St Joseph's Regional College in 1965



Father Bill Edwards sdb

Source: 'G'Day Cobber – Dare to be a Saint, The Life and Letters of Fr Bill Edwards SDB'. Author: Fr Stephen Ardill.

Mothers and Sons

The College extends to all mothers, the blessings of this extra special time. I encourage all mothers/guardians of Year 7 students to enrol in the Year 7 Mother/Son Evening being held on Thursday 16 May at 6.45pm for a 7pm start. This evening provides the opportunity for some very special moments to be experienced and I strongly encourage you to attend.



Generations In Jazz

Inspired by the creative work of Ms Bronwyn Dean, Ms Sophie McClure, Mr Giles Warren, Ms Trea Hindley and Mr James Ferguson, the College's Choir and Stage Band performed magnificently in 'Generations In Jazz' in Mt Gambier. Fortunate to be present for the performances, I am so proud of everyone involved, especially our very talented young men. It is clear that our Music Program is flourishing. In addition to a strong Music Program, we have close to 90 students engaged in private instrumental lessons under the tutelage of our incredibly talented Instrumental Music Teachers.

Enrolments

Enrolments for Year 7 2021 close on Friday 23 August 2019.

Indigenous Game

A reminder about the inaugural Indigenous Senior Football game being held on Wednesday 29 May. The twilight game between St Joseph's College and Mazenod College starts at 5.30pm.

Community Fundraisers

Please keep the *Woolworths Earn and Learn Competition* stickers coming in. Your son can hand in to his Homeroom Teacher or Student Reception. *The Entertainment Book* is also available for purchase. More details are located in the Community section of the *Newsletter*.

All the best for the fortnight ahead.

Ms Cathy Livingston
Principal



We're fundraising with




Deputy Principal (Years 10–12)

Celebrating Endeavour and Achievement

On Tuesday 7 May, the St Joseph's College school community came together in a Whole School Assembly to present the Academic Endeavour Awards, and to welcome back and celebrate the Dux of 2018, Lucas Neumaier.



Always positive and uplifting events, these Assemblies provide an opportunity for us to celebrate the things we have in common: our values, our achievements and each other.

After a rousing rendition of Sinatra's *New York, New York* by the College's vocal ensemble, we celebrated the return of Lucas Neumaier to the College. Lucas completed his Year 12 studies in 2018 as the highest achieving VCE student at St Joseph's and Dux of the College for 2018. Lucas achieved a very impressive ATAR of 99.2 and is currently studying Medicine at Monash University.



Lucas was presented with a gift and certificate from the College to acknowledge his achievement and he addressed the whole school community about his learning journey through St Joseph's College.

Showing a deep fondness for St Joseph's, Lucas spoke about the secrets behind his success to the future graduates of the College. He spoke about the importance of having a goal and a dream, but emphasised the dream in and of itself was not enough:

"You all have a dream, perhaps with sport, academics or something else in your future. You can only turn that dream into a reality by having the right work ethic."

After sharing the academic struggles he experienced early in his learning journey, Lucas stressed the importance of persistence and hard work over genius, natural ability and hoping for the best:

"If I can stress one idea to you all today, it is that your personal goals and ambitions for the future will only become a reality based on the effort and dedication you put in. You don't do it for your teachers, your family or your friends; do it for yourself."

Understanding that involvement and participation is a key ingredient to any success, Lucas also acknowledged how important it is to be a part of a community:

"You are in a supportive and friendly community, not just in this school, but in your neighbourhood, sporting teams and friendship group, which I urge you to be an active participant of."

He also reminded students to retain their humanity and goodness while pursuing their goals, unwittingly touching on the Senior School's 2019 theme of 'Be Kind':

"Look out for one another, be there for your friends when they are in need and stand up for what you believe is right. Whilst it is nice to be important, don't forget that it is important to be nice."

So the message from Dux of the College for 2018, student of Medicine at Monash University, Lucas Neumaier, was this:

"Have a dream. Be persistent in its pursuit, take on any challenges. Be involved, don't forget those around you and who helped you. Be nice as you do it all."

Good advice, and clearly advice that works.



After his speech, Lucas assisted in the presentation of the Academic Awards.

Elsewhere in this edition of *Agité*, my colleague, Mr Andrew Cooper, Deputy Principal 7 – 9, gives a detailed description of these awards, their rationale, selection process and structure, so I keep my comments regarding them to a minimum, saying only that they recognise application, consistency and continuous improvement. The recipients of the Academic Endeavour Awards from the Senior School are as follows:

Year 10

Subject	Student(s)
Religious Education	Jack Connell
English	Jordan Ardley
Commerce	Lauchlin Johnson
Geography	Nicholas Mawson
History	Samuel Vella
Health and Physical Education	Samuel Vella
Mathematics – Essential	Deiter Wutke
Mathematics – General	Ethan Powell
Mathematics – Methods	Sevag Dixon
Music	Samuel Corish
Drama	Mitchell McGregor
General Science	Matthew Sweetten
Lighthouse	Darcy Whitten
Product Design Technology	Jacob Colussi
Visual Communication Design	Elijah Roberts
VCE VET Cert II: Sport and Recreation	Nicholas Bosch
VCE VET Cert II: Applied Languages – Italian	Jesh Kumar
VCE VET Cert II: Applied Languages – Japanese	Lauchlin Johnson

Year 11 – VCE and VCAL

Subject	Student(s)
Religious Education	Daniel Shannon
The Arts and Technology – Food Studies	Ty Renshaw
The Arts and Technology – Media	Benito Seguin
The Arts and Technology – Product Design Technology	Tom Keene
The Arts and Technology – Studio Arts	Ethan Bell
The Arts and Technology – Systems Engineering	Owen Liddell
The Arts and Technology – Visual Communication Design	Josh Woodford
The Arts and Technology – VCAL Building and Construction	Sam Goyne
English	Josh Connelly
English Language	Assante Seguin
English – VCAL Literacy	Jordan Hewins
Health and Physical Education – PE	Jordan Lamb



Health and Physical Education – Health	Daniel Smith
The Humanities – Accounting	Daniel Acret
The Humanities – Business Management	Christian Caron
The Humanities – Economics	Daniel Shannon
The Humanities – Geography	Joshua Awramenko
The Humanities – History: 20 th Century	Joshua Woodford
The Humanities – Legal Studies	Jayden Fowkes
The Humanities – VCAL: Business Studies	Nathan Rose
Mathematics – General Mathematics	David MacDonald
Mathematics – Mathematical Methods	Leroy Breeden (Year 10 student)
Mathematics – Specialist Mathematics	Daniel Acret
Mathematics – VCAL Numeracy	Matthew Weller
Science – Biology	Max Brasher
Science – Chemistry	Gurbaaz Warraich
Science – Physics	Assante Seguin
Science – Psychology	Assante Seguin

Year 12 – VCE and VCAL

Subject	Student(s)
Religious Education – Ethics	Brandon Cameron
The Arts and Technology – Food Studies	Jack Paton
The Arts and Technology – Media	Brandon Cameron
The Arts and Technology – Music Performance	Jamieson Doyle
The Arts and Technology – Studio Arts	Brandon Cameron
The Arts and Technology – Systems Engineering	Rohan Korlahalli
The Arts and Technology – VCAL Building and Construction	Nicholas Woods
English	Lochlann Jarvis
English Language	Abel Sujeev
English – VCAL Literacy	Bradley Fowkes
Health and Physical Education – PE	Matthew Elvin
Health and Physical Education – Health	Nathan Power
VCE VET Cert III: Sport and Recreation	Cosmo Iscaro (Year 11 student)
VCE VET Cert III: Applied Languages – Italian	Assante Seguin (Year 11 student)
VCE VET Cert III: Applied Languages – Japanese	Nathan Kouris (Year 11 student)
The Humanities – Accounting	Kristian Henkul
The Humanities – Business Management	Jake O'Neill
The Humanities – Economics	Andre Horne
The Humanities – Geography	Joshua Hill

The Humanities – Revolutions	Riley Grygorowicz
The Humanities – Legal Studies	Joshua Cresp
The Humanities – VCAL: Work Related Skills	Bailey Hayman
Mathematics – Further Mathematics	Nathan Power
Mathematics – Mathematical Methods	Nathan Kouris (Year 11 student)
Mathematics – Specialist Mathematics	Jamieson Doyle
Mathematics – VCAL Numeracy	Kyle James-Lay
Science – Biology	Roger Calvo
Science – Chemistry	Jamieson Doyle
Science – Physics	Jamieson Doyle
Science – Psychology	Bradley Pearson

Mr Guido Piotti
Deputy Principal (Years 10–12)

Deputy Principal (Years 7–9)

Speech from Whole School Assembly Address – Academic Endeavour Awards Presentation

Good morning students and staff.

Today, we have the pleasure of acknowledging the many outstanding students whose approach to learning in Term 1 has been exemplary.

I have said many times that the Academic Endeavour Awards are my favoured awards. To me, these are the awards that highlight the raw commitment and courage of the learner to improve knowledge and skills.

As I get older, I falter in my ability to recall all the high achievers I have encountered along my years of teaching. I have no difficulty however in remembering those students whose improvement was remarkable.

Some of those students were highly talented, like Lucas Neumeier, the Dux of Year 12 2018. Lucas has a fine mind but this alone did not guarantee success. Lucas was peerless when it came to academic endeavour. He worked harder, longer and more deliberately than any other student in his year level and he reaped the benefits of this effort. There are many others, far less talented than Lucas but equally driven towards self-improvement who also remain firmly entrenched in my otherwise wavering memory of past students.

What these past students have in common is a commitment to improvement and a preparedness to work hard and deliberately towards that improvement.

Commitment requires application of effort. In an effort to quantify how much effort, scientist Anders Ericsson argues it takes 10,000 hours to master a challenging skill. 10,000 hours to be an expert musician, artist, chess player, martial arts expert or basketballer.

According to Anders and many others, however, it isn't just the amount of time spent on practice that ensures the perfecting a skill, but the quality of that practice, built on continual adjustment and improvement.



10 000 hrs of Deliberate Practice

Anders Ericsson



Deliberate practice is the one distinguishing factor between the best and the rest.



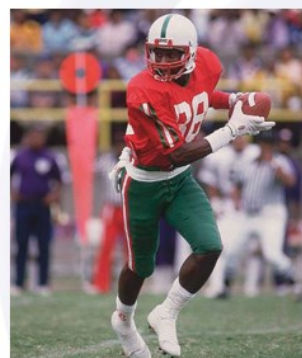
Jerry Rice wanted to be the greatest American football wide receiver of all time and is regarded by many as precisely that.

Jerry Rice worked hard and smart to be his best. When others had finished training, he continued training. When others went on holidays he undertook training workouts that became legendary as the most demanding in the league.

Rice forced himself to do the activities that would help him improve, rather than the ones he enjoyed the most. He designed his practice to work on his improvement needs. While most receivers focused on speed, he focused on acceleration and endurance. Speed was actually a big weakness for him, but he realised he could overcome this by being outstanding in other ways.

(ARGUABLY) THE BEST WIDE RECEIVER IN NFL HISTORY

Jerry Rice



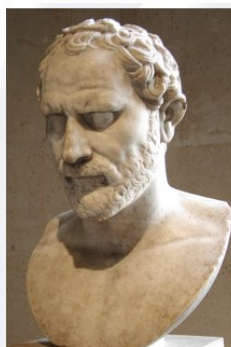
<https://www.youtube.com/watch?v=MHKh3sh1fQ>

His records for total receptions, total touchdown receptions and total receiving yards all beat the second best by a staggering 50%!

How did he do it? Through 'Deliberate Practice'

ARGUABLY THE FINEST ORATOR IN GREEK HISTORY:

Demosthenes



Suffered from speech impediment, but he was determined to improve.

According to legends, he spoke with pebbles in his mouth, which made him exert super-hard to get the words out.

Practicing with stones improved his diction.

Just as Jerry Rice wasn't born the most talented NFL wide receiver of all time, Demosthenes wasn't gifted to become the finest orator (public speaker) of ancient Greece. But that's precisely what he became.

Born with a speech impediment, Demosthenes was determined to improve. According to legends, he spoke with pebbles in his mouth, which made him exert super-hard to get the words out. To improve the projection of his voice, he practiced speeches while running and in the backdrop of the roar of ocean. His deliberate practice forced him to improve.

Takeru Kobayashi had a commitment to improvement and a preparedness to work hard and smart towards his goals also.

Takeru is a highly-tuned athlete. His chosen goal – speed eating – however, isn't often associated with this attribute!

Takeru was maniacal in his preparation for the most prestigious and challenging speed-eating competition in the world – *Nathan's Hot Dog Eating Contest* at Coney Island, New York. The previous record of 25.125 hotdogs in 12 minutes would seem out of reach for this skinny gastronome. In the weeks leading up to the competition, he practiced and, more importantly, experimented like a maniac. For example, instead of eating the hot dog as a whole – which was the common practice – he broke it in half. He experimented eating the hot dog and the bread separately rather than together. He tried multiple methods to make ingesting the bread easier: he tried eating it after dipping in water, he varied the temperature of water, and he even sprinkled vegetable oil on the wet bread. In a nutshell, in the build-up he ruthlessly focused on improving the tiniest part of the eating process. Takeru gulped down 50 hotdogs to smash the previous record.

(UNDISPUTED) CHAMPION

Takeru Kobayashi



Speed Eater!

<https://www.youtube.com/watch?v=BvRWEsIZ1X0>

Gulped down 50 hot dogs in 12 minutes to win *Nathan's Hot Dog Eating Contest* at Coney Island, New York, 2001.

Smashed the previous world record of 25.125 hot dogs in the same time.



What these examples above have in common is a commitment to improvement and a preparedness to work hard and smart towards that improvement.

Today, we acknowledge those same qualities in the recipients of the Principal's Academic Endeavour Awards.

Congratulations to the recipients of Year 7 to 9 Academic Endeavour Awards including:

Year 7

Religious Education

English

Mathematics

Science

Humanities

Visual Art

Performing Art - Drama

Performing Art - Music

Health & Physical Education

Italian

Japanese

Design Technology

Ben Bicknell

Gus Ryan

Thomas Hawkins

Thomas McLaren

Danilo Seguin

Mitchell Webster

Jackson Camm

Krish Mittal

Aaron Crivera

Finn Awramenko

Finn Hansom

Kyle Cleland



Year 7 Academic Award Recipients 2019



Year 8

Religious Education

English

Mathematics

Science

Humanities

Visual Art

Performing Art - Music

Food Technology

Health & Physical Education

Italian

Japanese

Digital Technologies

Alexander Buxton

Jordan Hall

Lukas Zich

Nicholas Quinn

Jacob Neil

Aidan Siwes

Sebastian Van Trojen

Charles Eames

Eric Thea

Talvin Nota

James Smith

Finn Ryan



Year 8 Academic Award Recipients 2019



Year 9

Religious Education

English

Core Mathematics

Science

Discovery (Applied Learning)

Humanities

Integrated Studies

Technologies

Health & Physical Education

The Arts

VET: Applied Languages - Italian

VET: Applied Languages - Japanese

Nathan Van Vegten

Max Watson

Jordyn Hatzinikolaou

Leon Nieuwesteeg

Joshua Wentworth

Hayden Zull

Gerard Sweeney

Cameron Baker

James Barnett

Hamish Liddell

Hayden Zull

Hamish Chandler-Wright



Year 9 Academic Award Recipients 2019

Mr Andrew Cooper
Deputy Principal (Years 7–9)



Prayer

Salesian Family Prayer

Father and Teacher of youth,
Saint John Bosco,
who, docile to the gifts of the Holy Spirit,
bequeathed to the Salesian Family
the treasure of your special love
for “the small and the poor ones,”
teach us to be,
each day for them,
signs and bearers of the love of God,
cultivating in our souls
the same sentiments of Christ
the Good Shepherd.
Ask for all the members of your Family
a heart full of kindness,
constancy in work,
wisdom in discernment,
courage to bear witness
to a sense of the Church and to missionary generosity.
Obtain for us from the Lord
the grace to be faithful
to the special covenant
that the Lord has made with us,
and help us so that, guided by Mary Help of Christians,
we may follow with joy,
together with the young,
the path that leads to love.
Amen.



Religious Education

Salesian Action Day – Helping our Salesian Family



Salesian Missions
Australia



In Term 2 at St Joseph's College, we dedicate our fundraising efforts to support the work of the Salesians in the Asia Pacific Province. Each year, the Salesian Principals recommend a particular Salesian Works that schools can support.



2019: Salesian Missions SAMOA



Inspired by the Salesian Catholic Charism our celebrations always contain three elements: Prayer, Hospitality and Fun Activities.

For Salesian Action Day:

Prayer: A celebration of Mass together in the Stadium.

Hospitality: Selling food for fundraising.

Fun: House Cross Country Competition.

Fundraising stalls organised by homegroups, games and entertainment for all.

To support the missionary work in Samoa we are asking that students gain sponsorship for the Cross Country Run. Our target is to have all students attempting to raise \$10 in sponsorship (for example, five donors raising \$2 each). Sponsorship Envelopes have been distributed to the boys through homerooms.

It is also expected that students make a \$2 coin donation on the day. Students are asked to wear full College sports uniform on the day.

We are hoping that this commitment will enable us to raise \$10,000 this year, an amount that would allow the missions to make a difference in Samoa in a meaningful and sustainable manner.

Br Michael Harris has asked for help with funding for a ride on lawn mower, so that the students don't have to cut the ovals by hand, and also for some equipment in the workshop for Building and Construction classes.





Australian Salesian Bulletin

The latest Salesian Bulletin (Autumn 2019) can be read by clicking on [this link](#).



The latest Cagliero Newsletter can be read by clicking on [this link](#).

Ms Ann Maree Pagon
Director of Religious Education



Director of Operations and Innovation

Keeping Medical Details Up-to-Date

There is never a dull moment in our dynamic learning community. Amidst the everyday routine of classes, meetings, performances, sport, camp and activities, there is continuous planning, review and development in the Administration and Operational facets of the College.



As a College, we take the wellbeing and safety of our students very seriously and we are constantly seeking ways to provide the safest environment possible. At the end of 2018, we adopted a new system for the management of your son's Medical Information and Excursion Permission – a new medical system within the SIMON Parent Portal.

The feedback from this change has been overwhelmingly positive with many parents informing us that it has become very easy to keep their son's Medical information up to date and to respond to excursions, camp and other consent forms using their mobile phone, tablet or PC.

As we approach the sixth month mark of implementing this system, parents and guardians will receive an email in the coming weeks inviting them to review and, if necessary, update their son's medical information.

It is important to note that your son's information is stored locally and securely at the College, and is only visible by the relevant staff who manage your son's wellbeing at the College. All data collected in the Medical System is managed in accordance with our [Privacy Policy](#).

Finally, I ask Parents and Guardians to ensure that the College has the most up to date contact information for each family. If there has been a recent change to your telephone number or email address, please contact the College to have these details updated. Should the need arise to contact a Parent/Guardian during the school day it is imperative that we have access to all current contact information.

If you have any questions regarding the management of Medical Information, please contact the College.

Mr Domenic Fera
Director of Operations and Innovation

Director of Students

SRC Goals – Hands Off!

Tuesday 30 April marked the first meeting of the SRC group for Term 2. It was great to see our recently elected Year 7 and Year 9 students join the wider school leadership to look at important student issues for the first time this year. The focus for the group this term will be looking at ways that we can continue to make our school a safe and welcoming place for everybody, by paying particular attention to how our 'Hands Off!' policy works amongst the student body.



In the coming weeks, the SRC members will go back to their Homerooms and gauge the feeling of their classmates in relation to this important issue. From there, the SRC group will spend a few sessions working towards the creation and implementation of a student pledge that will embody everything that our student group stands for in relation to making our school a safe and happy place for everyone. It is important that such a pledge is planned and developed by the boys so that they can have ownership of it when it is complete, it needs this level of authenticity to make it legitimate and to make it a success.



Hopefully the work of this group can continue to help make our school an even safer place for all students, as we all know that students engage with their learning best when they are feeling safe and happy in their school environment.

Mr Liam O'Keefe
Director of Students

Year 7

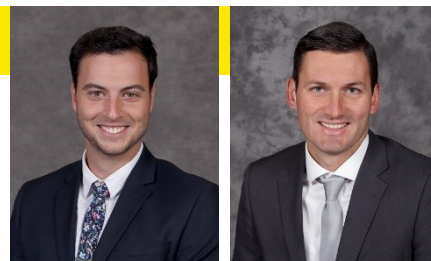
Zero Gravity, Zero Worries

The start of Term 2 was met eagerly by the Year 7 students with the flight excursion at Lilydale Airport. This excursion will guide the boys' understanding in our Science unit on forces and prepares them for the learning to follow. In this unit the boys will be investigating magnet forces, friction, gravity, aerodynamics, contact and non-contact forces.

Each student had the opportunity to have a ten minute flight in a small aircraft overlooking the gorgeous countryside. Many boys had to fight jittery nerves beforehand but the wide grins that sprawled across their faces as they departed the aircraft were priceless. Some groups asked their pilot for an 'adventure flight,' and got to endure sharp turns, dips and even experience zero gravity. All of this was captured on their iPads so the boys could relive their experience and show their friends and families. It is a fantastic experience for the boys and one they will remember for the rest of their lives.

Mr Brian Martin
Year 7 Leader

Mr Patrick van Dyk
Year 7 Learning Leader



Year 8

Trees Adventure

Year 8 students have recently had a wonderful opportunity to extend themselves both physically and in confidence by working through the courses at Trees Adventure.

The four courses, where students use ropes, ladders and flying foxes to move amongst the treetops of Belgrave, were greatly enjoyed by students.

This was part two of the Four Seasons program which began with our lifesaving course at Lysterfield Lake and still includes mountain bike riding and the Year 8 camp.





Here are some comments:

"The surroundings were inspirational and really drove you to try your best. I fell three times but got up four."

Liam Van Vegten (8 O'Mara)

"I could not believe it when I saw possums up in the tree with me. They were so calm in my presence. One had a baby and seemed to offer it to me for a pat."

Finn Ryan (8 O'Mara)

"My favourite part was the hardest course, the long black. It was really challenging and fun. After I completed it, I felt energised."

Callum Wallace (8 Prest)

"The ladders were a bit sketchy but I screwed up my courage and made my way up it with my knees trembling."

Nicholas Rodda (8 Ledda)

"It was majestic. Scary but worth the while."

Ethan Stacey (8 O'Mara)

Mr Carl Di Stefano

Year 8 Learning Leader



Year 10

Road Smart

Year 10 students were visited on Wednesday 1 May by presenters from VicRoads in a program called Road Smart. The VicRoads Road Smart program is delivered to Year 10 or equivalent students across Victoria. It uses practical training tools and evidence-based education techniques to support young people and supervising drivers in the early stages of learning to drive. Young novice drivers statistically represent a high-risk group, and this program aims to better prepare Year 10 students to be safer drivers.



The students were all in classrooms in the VCE Centre and seemed to get a lot out of the session. There is an extra part to the program where students are given a free driving lesson and access to more learning with e-modules. For this, parent permission is required so a form for that will be distributed during the Alpine Experience Parent Information Night. For those that cannot attend it will be emailed to them.

Exams

Exams will run during Week 8, Tuesday 11 June until Friday 14 June. This is a different week than normal so students need to avoid assuming they have the same timetable as usual, especially the late start on Wednesday, where an exam for Year 10 students will probably be run.

There are many options available for study and revision time leading up to exams. Room 47 is available after school, as is Chieri, and many teachers run separate study sessions. There will also be workshops run particularly with Maths, English and RE in the last few weeks before exams to make sure students are fully prepared.

It's never too late to make an effort and it can be surprising when an extra effort is made and what results from that. If your son looks at his interim report and he wants to do better, putting the work in will help with that. The easiest exam is

when you are comfortable with the work being covered, and you know you have put the work in to be prepared. Doing your best and being satisfied with the result you get is a good way to be.

Salesian Action Day

On Monday 20 May, Salesian Action Day is run. It is always hoped that the skills your son has procured from Valdocco Market Day means that new and interesting stalls will be put forward by Year 10s. It is a good cause and with the school's close link with Brother Michael Harris, we are hoping for as good a fundraising effort as possible and a great community day for everyone.

Mr Tom Fay
Year 10 Leader

VCE

What are the Keys to Academic Success?

The beginning of Term 2 is a time for students to stop and think retrospectively about their approach to the academic year so far. Many boys excelled in their studies last term and they are to be congratulated for the dedication and determination they have applied to their studies. During our recent Whole School Assembly, a selection of these enthusiastic students were awarded the College Academic Endeavour Award for showing commitment to their learning in several areas, such as demonstrating thinking skills, academic rigour, thorough preparation and participation in class, as well as being punctual and organised, in an effort to improve their results. They should be proud of achieving such recognition. The VCE/VCAL award recipients are listed in Mr Guido Piotti's article.



Some of those students had the following to say about their approach to their studies and volunteered to share their 'best study tip'.

"Make sure you get enough sleep before SACs, at least eight hours. This ensures you have enough rest to perform at your best."

"Find the time to stay back with teachers and other students as this assists with collectively focusing on a task, in order to learn from each other and motivate your peers."

"When studying, turn off all electronic devices and focus purely on your study."

"Always organise your time well for homework and study."

"Stay focused on your goal and be positive; the year will end before you know it."

Miss Carmel Lardner
VCE Learning Leader

Year 11

Helping Out our Friends in Kiribati

"On 19 June this year our annual Kiribati Immersion will begin as we fly over to Kiribati for a trip of a lifetime. Our group this year is full of boys who are eager to help out as much as we can. When we were presented with the opportunity to send over even more items to Kiribati using a shipping container, all of the boys jumped at the chance."



Firstly, we would like to show our appreciation to all the parents, students and staff members who donated items and helped out in the successful send-off of the shipping container. The Kiribati Immersion of 2019 was very privileged to be



given the opportunity by RHSports and Ms Livingston to send a shipping container over to Kiribati to help support and provide essentials to the people of Kiribati who are less fortunate than us.

Patrick Seymour and I (Lachie Zealand) were given the responsibilities of overseeing and helping run the shipping container operation, alongside Mr Price and Paul Zealand from RHSports. The crew spent numerous hours sorting and packing the donated goods onto five pallets, ensuring all the donations were divided among the schools and communities. Throughout the school holidays, the boys came in to finish packing the pallets and preparing the pallets for their long voyage to Kiribati. The shipping container should hopefully arrive in Kiribati while we are over there for our trip and hopefully we will be able to present the donations to the schools and communities.



The Cargo Ship named 'Kota Ekspres' is currently in Tauranga, New Zealand at the international port and will eventually make its journey to Kiribati."

Lachie Zealand (11 Prest), Patrick Seymour (11 Prest) and The Kiribati Immersion group of 2019

Year 11 – Islamic Museum of Australia



"On Friday 3 May, all Year 11 students attended an excursion to the Islamic Museum of Australia. This was an incredibly eye-opening experience, as we had the opportunity to learn about the religion and history of Islam, and what it truly means to be Muslim.

We started the day with a warm welcome from the workers at the museum. Shortly after, we split up in groups in which went to different parts of the museum to learn about certain areas of Islamic history, including Art, Mathematics, Medicine, Religious temples and a fan-favourite: sport.



The purpose of this trip in my opinion was to gain a deeper understanding of this amazing religion and to eliminate of the common stereotype associated with the religion, which is present all-over social media.

The main point I took away from this excursion, was just how **pure** the Quran is, and how even killing ants on purpose is a sin. And yet, all Muslims get abused for what 0.1% of their companions do, which was addressed by the main speaker at the event, 'Sharin'. He was a brilliant person, who taught us many relevant and interesting facts about Islam, including their festivals, such as Ramadan.



Overall, this was trip was most definitely worthwhile, and I highly recommend to continue this in our religious education course for future Year 11s."

Gurbaaz Warraich (11 Edwards)

St Vincent de Paul College Conference Day

"On Thursday 2 May, St Vincent de Paul held a youth conference for Victorian high schools at the Collingwood Abbotsford Convent. We attended with a group of 11 Year 11 students. The day began of a fun Kahoot about the St Vincent de Paul

Society and then they spoke about the year's goals for young leaders. We then split up into our groups for different workshops. The group that I was in, had a few speakers on how to lead a group, statistics on the organisation and how to work together. After the three rotations of workshops, we all gathered together in the main hall again to finish the day with a few leadership activities.

Overall, many of us learnt skills that we will be able to use during life. Thank you to Mr Vascon for accompanying us on the day and Ms Pagon for her organisation."

Jai Van Vegten (11 Prest)



Mr Dylan Price

Year 11 Leader

Music

Music at St Joseph's College has had a tremendous start to the term. Our students have been presented with so many opportunities to challenge and better themselves as performers.

Generations In Jazz

On Friday 3 May, the College Music Department travelled to Mt Gambier to compete in an Australia-wide Jazz Competition. The boys have been working hard on their vocal and stage band pieces. The whole experience was overwhelming in the most positive of ways. The event is pioneered by music enthusiast and iconic jazz legend, James Morrison. James has devoted a considerable amount of his time to raise awareness for music education, and promote the importance and relevance of jazz for young people, and doing it in such a way that excites and supports the local community.



The competitions and concerts took place inside six giant pavilion/circus tents. The students competed in the competition on the Saturday and then were treated to an incredible line up of performers during the evening. The students attended workshops and concerts with over 5,000 other young people. Thank you and congratulations to all the boys involved. It was an incredibly successful and musically involved experience. I honestly believe that music has the power to impact and change your life. There is something about music that stimulates me to think about it and when I'm around it, I am a happier, calmer and energised version of myself. The boys in our music department have realised that they are involved in something bigger than themselves; a musical family, a band of brothers and a group of mates who are there for them no matter the age group. This weekend was incredible, empowering and allowed young boys to experience a world class event.

A special thank you to Ms Trea Hindley, Mr James Ferguson and Mr Giles Warren who assisted the boys in their rehearsal. My music colleague, Ms Sophie Maclure, attended the event with the students and did a power of work behind the scenes. Thank you to everyone involved.

Professional Musicians: Special Guest Line Up

- James Morrison
- Kurt Elling
- Liz Wright
- Herbie Hancock Institute Jazz Performance
- Rickie Woodard
- Joey De Francesco

Our Performances

College Stage Band

- Set piece: 'A Little Lee'
- 'Autumn Leaves'
- 'I Dreamed a Dream'



College Choir:

- Set piece: 'Your Best Friend'
- Own choice: 'New York, New York'

Music plays a integral part in the lives of our students. Music culture at St. Joseph's College is growing!

If your son is interested in being involved in any of our groups, please do not hesitate to contact me.

Miss Bronwyn Dean

Music Leader

English

Why Reading is Important

"The simplest way to make sure we raise literate children is to show them that reading is a pleasurable activity. And that means... finding books they enjoy, giving them access to those books and letting them read them." Neil Gaiman



For many of us, getting lost in the covers of a book is a pleasurable pastime that we wouldn't give up for anything. I have fond memories of going to the local library with my mum as a young girl, spending hours looking for my next great read, trawling through the different sections of the library and getting lost in the fictional worlds that authors had created.

Unfortunately, not all of our boys have the same love and passion for reading. As educators, English teachers especially, we are constantly trying to promote reading with our boys. Many English classes at St Joseph's regularly go to the library to provide our students with an opportunity to find the right book and build a desire to read.

But why is it so important for us that our boys read?

We know it can be enjoyable. But what are the 'other' benefits?

Below is a list of benefits that reading has on both our mind and body:

1. **It makes us smarter.** Reading, especially when delving into a variety of genres, exposes us to new ideas, different cultures, varying perspectives, multiple worlds, and can challenge our assumptions about people and society.
2. **It allows us to be more empathetic:** Often when we are reading, we experience a deep sense of empathy for the protagonist. By imagining other people's realities or being exposed to different perspectives, we become more of an empathic person. It helps us to understand and relate to others better.

3. **It supercharges learning and sharpens memory:** Reading activates key areas of the brain involved in memory and emotional processing. Just like working out at the gym regularly builds muscle, regular reading builds our most important muscle, the brain.
4. **Reading is relaxing:** There is evidence to suggest that a regular reading routine before bed can help promote a good night's rest. Reading, despite helping to engage our minds, also allows us to escape into new worlds, taking us away from the busyness of our everyday lives.
5. **It improves our vocabulary and verbal skills:** Exposure to books helps to acquire linguistic skills through vocabulary expansion. This is the most effective way to build these skills.

Top tips for promoting reading at home

1. **Establish a daily routine:** Studies have shown that on average, students read less than 20 minutes per day. By getting your son to read 20-30 minutes each night you are helping to double their daily reading.
2. **Provide opportunities for discussion:** As social beings, we enjoy discussing things that matter to us; usually forms of entertainment. Often you hear discussions about who won the latest footy match or who died in the latest *Game of Thrones* episode. We can apply this same logic to reading. Students may gain a stronger desire to read if they are provided the opportunity to discuss what they are reading. Perhaps a dinner time conversation or a chat in the car on the way home (where they are unable to run away!) might be the perfect opportunity.
3. **Promote the reading of non-fiction texts:** Encourage your son to read the news or non-fiction books to help expand their understanding of society and the world around them. For some students, this is more appealing than fiction.
4. **Give your son a book for a present:** This shows to your son that reading is valuable and gives them a sense that reading is important and valuable.
5. **Join them:** As we know, students are always watching us and learning from our actions. If they see you read, you never know, they might just follow suit...

Sources: <https://ebookfriendly.com/infographics-promote-reading/science-backed-ways-reading-makes-you-smarter-and-better-full-infographic/>
https://www.betterreading.com.au/news/is-reading-the-best-medicine-why-books-are-good-for-us/?fbclid=IwAR2Obgl_Mew3f_uqeRX1awxx6R1B9its-TC-KuG1xLUzqtQmBMxZPbrCMJQ

These pictures highlight some of our Year 8 boys reading in English classes.

Ms Melissa Young
English Leader





Sport and Recreation

Sport and Recreation Excursion to Forrest

Between Tuesday 30 April and Friday 3 May, the Year 9 Certificate II in Sport and Recreation students attended a four day excursion to Forrest, Victoria to participate in Mountain Bike Riding Sessions as part of their studies of three Units of Competency Relating to Off Road Bike Riding.



This excursion is a large operation, taking 50 students and all their bikes across the state, but the boys are to be commended for the manner in which they conducted themselves and assisted with all aspects of the logistics of the journey.

Forrest is a town near Apollo Bay that is world renowned for mountain biking, having some of the best tracks and catering for all skill levels.

The students had to self-cater their meals and design a meal plan for their journey. The weather proved a challenge at times, given the rain and storms that rolled through but the boys rose to the challenge and this certainly did not dampen the spirits.

Fortunately, the storm only lasted the one night but it was certainly a spectacle to behold, with rain, wind, thunder and lightning.

Students went mountain bike riding over the three days and faced challenging terrain, difficult maneuvers, steep ascents and descents and other natural obstacles. The tracks were often slippery given the rain conditions.

The excursion was designed to assess competency over many different aspects of mountain bike riding and the students were certainly well up for the challenge.



I would like to thank Mr Graeme Tucker, Mr Gary Lewis, Mr Ben Bingley and Mr Ben Thompson (Bike Mechanic) for their assistance and help during the journey.

Mr Patrick van Dyk
Year 7 Leader (Sport and Recreation Teacher)





Community



TIME & SPACE FOR
**MOTHERS
AND SONS**

Year 7 Mother and Son Evening

Thursday 16 May 2019

College Stadium

6.45pm for a 7.00pm start (finish by 9.15pm)

St Joseph's College Ferntree Gully is delighted to offer you an opportunity to experience a lifetime memory with your son at the annual 'Mother and Son' Night.

This innovative single evening program is an event we have planned especially for our Year 7 students and their mothers (or female mentors). We think that this is a great time to bring you together.

Time &
space™





We're fundraising with
entertainment



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**\$50 off your total shop when you spend \$720 or more at Cellarmasters online. **Terms & Conditions apply

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THANK YOU FOR YOUR SUPPORT!
St Joseph's College
Janelle Spring
0397582000
j.spring@stjosephs.com.au



St John the Baptist Parish, Ferntree Gully

PARISH BREAKFAST 2019

Sunday 26 May 2019

10am to 12noon in St John the Baptist Parish School Hall

(behind the Church)

19 Forest Rd, Ferntree Gully

The Social Justice Group of St John the Baptist Parish invites you to join us for Breakfast.

Come along and enjoy a hearty cooked breakfast and then listen to our guest speaker: **Fr Peter O'Neill**, a Columban missionary priest.

He will talk on ***“What we can do about modern slavery in Australia”***.

Tickets \$25 each

Tickets on sale after all weekend masses at St John's Ferntree Gully from the weekend of 4/5 May

Enquires/tickets - please contact Patrick on 0434 072 831

College Calendar – Upcoming Events

Tuesday 14 May-Thursday 16 May	NAPLAN Tests Years 7 and 9
Wednesday 15 May	Year 8 Mission to Mars
Thursday 16 May	Year 7 Mother/Son Evening
Friday 17 May	Year 9 My Town
	Year 7 Community Day with Mater Christi
	Year 8 Mission to Mars
Sunday 19 May	Mass in the Parish, St Simon the Apostle 9.30am
Monday 20 May	Salesian Action Day
	Reunion Class of 1969
Tuesday 21 May	ACC Intermediate Badminton Tournament
	Year 11 RE Incursion (JCMA)
	Year 8 Mission to Mars
Wednesday 22 May	ACC Open Badminton Tournament
	Year 8 Mission to Mars

College Calendar – Term Dates

Term 1

Thursday 31 January until Friday 5 April

Term 2

Tuesday 23 April until Thursday 27 June

Term 3

Monday 15 July until Friday 20 September

Term 4

Monday 7 October until Tuesday 22 October (Year 12s)
Friday 29 November (Year 11s)
Friday 6 December (Years 7-10)

Noone – Uniform Shop

All required uniforms are available from our Uniform Shop, located on property. Summer uniforms are required during Terms 1 and 4 while Winter uniforms are required for Terms 2 and 3.

2019 Uniform Shop Trading Hours

Monday 8.15am-1.15pm
Tuesday 12noon-4.00pm
Thursday 12noon-4.00pm

Contact Details

St Joseph's College Ferntree Gully
(03) 9070 3914
stjosephftg@noone.com.au
<https://www.noone.com.au/>



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Noone now has 'click and collect' available for on-line purchases. For more information, follow the link to the [information sheet](#).

For further information outside uniform shop hours, please contact the Beaconsfield store – (03) 9769 9093.



St Josephs
College

Shop On-Line



INTRODUCING CLICK & COLLECT

A fast and convenient way to shop for your St Joseph's College school uniform on-line.

Shop on-line - collect next day trading

On-line store link: <https://www.noone.com.au/school/st-josephs-college-ferntree-gully/shop>

How Click & Collect works

Discover click & collect, the convenient and quick way to shop from Noone.

Shop on-line, place your order and your order will be ready to collect on the next trading day.

We'll get everything ready for you, so all you need to do is come in-store to collect your order, or home delivery is also available for your convenience

1. Shop on-line

Type the school link into your browser: <https://www.noone.com.au/school/st-josephs-college-ferntree-gully/shop>.
Add the items to your cart that you would like to purchase via Click & Collect.

2. Choose Click & Collect options

Choose Click & Collect options or choose Australia Post option for home delivery.

Click & Collect next trading day from the On campus retail store

or

Australia Post 5 - 10 working days for delivery

Our retail staff are available to assist you with your uniform requirements at the location listed below

St Joseph's College
Campus Store
5 Brenock Park Drive
Ferntree Gully VIC 3156
Contact Details
Phone: 03 9070 3914
Email: stjosephftg@noone.com.au
Trading Hours During Term
Monday 8.15am – 1.15pm
Tuesday 12.00pm – 4.00pm
Thursday 12.00pm – 4.00pm